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Three Caregiving Conversations Every Family Should Have

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Caregiving often begins gradually, but without clear communication, it can create challenges for families over time. In this three-part series, Eleanor Kreitler discusses the essential conversations every family should have around caregiving, including roles and responsibilities, financial planning, and decision-making.

Through practical guidance and thoughtful planning, these discussions can help families reduce stress, improve transparency, and better support both caregivers and their loved ones. Watch the full series to learn how proactive conversations today can help bridge caregiving gaps tomorrow.

CONVERSATION 1: ROLES & EXPECTATIONS

Caregiving works best when families have clear expectations. This conversation focuses on how roles, communication, and boundaries can help reduce stress and avoid misunderstandings.

CONVERSATION 2: COSTS & FINANCIAL RESOURCES

Caregiving can have a significant financial impact on both families and caregivers. This conversation explores how discussing costs, resources, and financial responsibilities can help families plan ahead.

CONVERSATION 3: DECISION MAKING & DOCUMENTATION

When important decisions need to be made, preparation matters. This conversation is about the documents, decision-makers, and discussions that can help families navigate caregiving with greater confidence.

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